



THE VA'AD E-NEWSLETTER
SHABBAT PARASHAT TZAV/HAGADOL ~ 12 NISAN 5767 –
MARCH 30/31, 2007
Passover Starts Monday Evening!

KASHRUT ALERTS

Local:

§ There is a **Bamboo Garden** restaurant in Bellevue that is not associated with the Bamboo Garden restaurant on Roy St. in Seattle. The Bellevue Bamboo Garden is not kosher certified.

§ We post a list of recommended hechsherim on our website (<http://www.seattlevaad.org/KosherSymbols.html>). Products under other hechsherim *may* be recommended on a case-by-case basis. If you ask about a particular product, we will follow up as soon as possible. Please be aware, however, that our recommendation of a product from a non-listed hechsher does **not** automatically mean that everything from that hechsher is recommended.

National:

§ **Butter** needs a reliable hechsher. There are additives used in making butter (even when not listed on the ingredient list) that can be problematic, as well as various sources of cream that can be of questionable kosher status. Using butter with a hechsher insures that you are using kosher product. We will be publishing more specifics on butter in the future.

§ **Artichoke Hearts** need a reliable hechsher because of infestation. **Artichoke Bottoms** are acceptable for use without a hechsher.

§ You can find a list of recent kashrut alerts at <http://www.kosherquest.org> or www.kashrut.com. As always, please consult with your rabbi or the Va'ad if you have any questions about specifics.

Passover:

§ **The Passover Guide** has been posted in pieces and as a whole to our website (<http://www.seattlevaad.org/Passover.html>). If you would like us to email it to you, please let us know. It is a large file! **The website will be continually updated with the latest Passover information and Alerts.** The [Dates and Times](#) section is now updated to reflect the different synagogue schedules.

§ If you missed the Passover Bulk Food Sale at the **Seward Park PCC**, you can still purchase a limited number of available products with a Va'ad label on them, including (at last check) almond butter, nuts, quinoa, and dried fruits.

§ **Seattle Sorbets** has produced a special Passover run on 4 flavors that are available at **Albertson's**. It will be labeled specifically for Passover.

§ Non-Passover approved **Melrose Made Gourmet** frozen Potato Kugel, Broccoli Soufflé and Spinach Soufflé were inadvertently displayed in the Passover products freezer at **Albertsons – Mercer Island**. These products are Star K kosher for general use; they do not bear a Passover certification on the label and in fact, as confirmed by the Star K office, are **not** kosher for Passover.

§ **Unflavored Cream** and **Half-and-Half** can be purchased without special Passover certification before Passover, as long as it has a reliable kosher symbol on it. **Butter**, however, needs special Passover certification.

§ **Salad Information: Dole Fresh Salads** have a **Star-K-P** on the products that are certified kosher for Passover. Dole salads only bearing the plain Star-K (no "P") are acceptable for Passover, as well. Each bag of salad should be checked for proper certification. Salads under the **Vaad Hoer of St. Louis (OV)** are certified year-round but not for Passover. **Sam's Club** and some **Costco salads** bearing the **KOAOA (Half-Moon K)** symbol are acceptable for Pesach, however, the consumer should spot check for insects.

§ From the [JSOR](#): **Tofu** is not acceptable for Passover. These products are made through extraction methods that use grain alcohol in the processing of the soybeans.

§ Due to a reformulation of **Benefiber**, originally listed on some Pesach lists as being approved for use, it has now been found to contain actual chometz.

§ **Tums, Roloids, and Listerine Pocket Paks** are NOT acceptable for Passover.

§ **Ensure** Regular, Light & Plus are acceptable. Ensure Pudding contains Kitniyos. Ensure with fiber contains chometz.

§ The Va'ad is working with both **Albertsons** on Mercer Island and the **QFC in University Village** to make and maintain **Passover sections** that contain only products that have been approved by the Va'ad. However, since these shelves are open to the public and merchandise may get moved around, please check the labels of anything that you purchase.

COMMUNITY ANNOUNCEMENTS

The Vaad issued 0 certificates to **meshulachim** this week. The previous week, we issued 3 certificates.

NCSY's pre-Passover car wash is this Sunday, 11am- 4pm in the parking lot of SBH. [More info](#)

Special **Passover Needy Fund** ~ Please contact Rabbi Levitin at 206-527-1411, ext 111 if you need help with Pesach expenses, or know someone who does. If no answer, please leave a message.

SHA announces the opening of a **second Kindergarten class** for 2007-2008. For details contact smatalon@sha613.org.

Camp Ketanim at Ezra Bessaroth has started enrollment. Contact Rachely Hemmat at Rachel1H@aol.com for more info.

Camp Shalom for Preschoolers, located at TDS, has started enrollment. Contact Francine at FRBirk@aol.com for more info.

SHA ECEC Summer Camp has started enrollment. [More info](#)

BCMh is offering **Infant/Child CPR** and **Babysitter's Training**, on 4/22 & 4/29, contact Julie@bcmhseattle.org for more info.

JFS presents "**When to Worry: Understanding Changes in Your Aging Parents**", 4/19, 7pm. [More info](#)

Check out the latest **NCSY** events! [More info](#)

SJCC Passover Seder, 4/3, 6:30 pm, Mercer Island. [More info](#)

Camp Kol Rena at BCMH has started enrollment. [More info](#)

Chabad-Lubavitch teaches classes for all ages and levels. [More info](#)

The Seattle Kollel teaches classes for all levels and ages. [More Info](#)

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